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robots.txt and sitemap.xml: what they do and how to check them

SEO & Marketing

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robots.txt and sitemap.xml: what they do and how to check them

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They are two small files that speak to search engines, and it is very common for one of them to be wrong without anyone noticing. **robots.txt** tells robots **where they may go**. **sitemap.xml** hands them **the list of pages** you want them to know. Neither guarantees a page appears on Google, but a mistake in either can hide it.

? One thing at a time

	robots.txt	sitemap.xml
What it is for	Asking a robot not to visit certain folders.	Listing the pages you want found.
Where it lives	At the root of the domain: https://asuaempresa.co.mz/robots.txt	Usually at the root too. robots.txt itself or Search Console tells robots where.
On WordPress	If there is no file, WordPress shows a virtual one.	WordPress ships its own, at /wp-sitemap.xml . An SEO plugin may create another.
What it does not do	It hides nothing: it is a public request, and only those who want to obey do.	It does not force Google to index what is listed.

🔍 How to check both

1 Open robots.txt in the browser: your domain followed by [/robots.txt](#). It must open as plain text. A 404 means there is no file, so WordPress's virtual one applies, or nothing.

2 Look for the line that ruins everything: a lone [Disallow: /](#) after [User-agent: *](#) asks every robot to visit nothing at all. It is usually a leftover from when the site was being built.

3 Check WordPress's own setting. In Settings, Reading, there is an option asking search engines not to index the site. If it is ticked, the site is invisible. Untick it.

4 Open the sitemap. Try `/wp-sitemap.xml` or the address your SEO plugin gives. It must show a list of addresses with the right domain and `https`.

5 Hand the sitemap to Google. In Search Console, under Sitemaps, submit the address and see whether it is read without errors. The walkthrough is in **getting your site into Search Console**. Search Console is a Google product, used by you.

A reasonable robots.txt for a WordPress site

To create the file, open File Manager, go to the folder holding the site and create a file called `robots.txt` with this content:

```
User-agent: *  
Disallow: /wp-admin/  
Allow: /wp-admin/admin-ajax.php  
Sitemap: https://asuaempresa.co.mz/wp-sitemap.xml
```

Swap the address for your own domain. A real file outranks WordPress's virtual one.



robots.txt is not for hiding pages.

It is public: anyone can read it, and a list of "forbidden" folders is a map for people hunting secrets. And asking a robot not to visit a page does not remove it from Google if other pages link to it. To keep a page out of search results use the `noindex` tag, and let the robot visit the page so it can see the tag. For anything truly private, use a password.



Each subdomain has its own robots.txt.

The one at `https://asuaempresa.co.mz/robots.txt` does not cover a subdomain of yours. And if you do not want AI robots reading your site, this is also where you ask: see **AI bots crawling your site**.



NEED A HAND?

Does robots.txt or the sitemap fail on the server side (404, 403 or 500)? Tell us the address and what appears.



Open a support ticket →

SEE ALSO

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Support Policy



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